

# **Campcraft Country Code and Weather**

# Litter?

What's wrong with this campsite?  
How could you do better?



# Litter?



Minimise packaging  
Ziplock bags are good for this





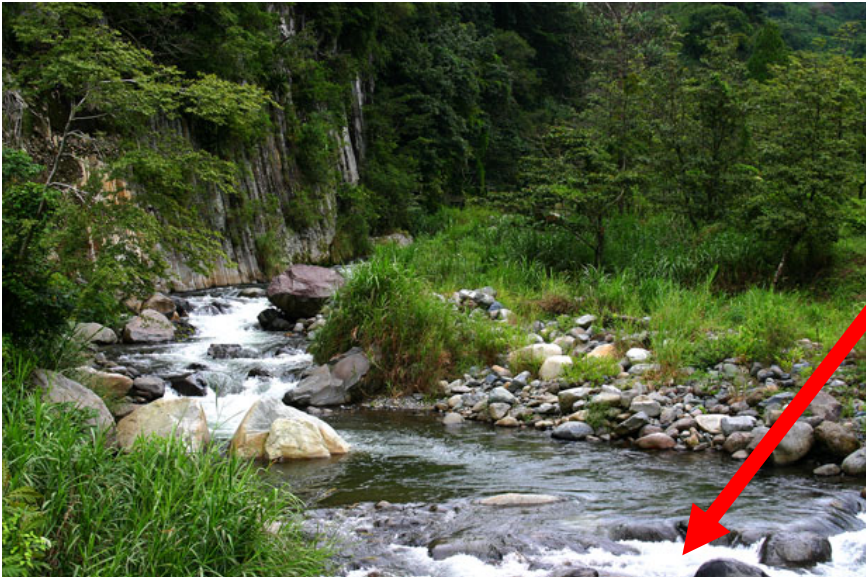
# Litter?

You need to keep your litter. Avoid big 'group' rubbish bags. Have individual rubbish bags **WHY?**





# Collecting Water



Collect fast flowing water

**THEN**



Use purification tablets

**OR**



Boil it

# Cleaning Equipment



Meals you can cook in one pan minimises washing up.

If a pan is really dirty boil a small amount of water and detergent in it to clean it

**\*\* Don't leave any food waste (pasta, rice etc) in streams!\*\***

# Keeping Kit Dry





# Toileting



<http://www.wikihow.com/Defecate-Outdoors>

# Music

Is it acceptable to walk whilst listening to music?  
What about at the campsite?



**Discuss...**



# The Scottish Outdoor Access Code





### **Access Rights**

The Land Reform (Scotland) Act 2003 gives you some of the best access rights in the world. You have the right to be on most land and inland water for recreation, education and going from place to place, providing you act responsibly. Your access rights and responsibilities are explained in the Scottish Outdoor Access Code.

### **Respect the interests of others**

Respect the needs of other people enjoying or working in the outdoors and follow any reasonable advice from land managers. Respect people's privacy and peace of mind. Avoid causing alarm to people, especially at night, by keeping a reasonable distance from houses and gardens or by using paths or tracks.



### **Take responsibility for your own actions**

The outdoors is a great place to enjoy but it's also a working environment and natural hazards exist. Make sure you are aware of this, take care of yourself and others with you, including your dog.

## On and by the water

**Lighting a fire.** Use a stove if possible. If you must have an open fire, keep it small and under control. Take any litter, including food scraps, home with you.

**Going paddling.** Keep an eye out for anglers. If you see someone fishing, think about how you can best pass them with the least disturbance.

**Sharing a path.** Let people know you are coming so you do not alarm them. You might need to slow down, stop or stand aside to allow others to pass. Try to call out a friendly warning if you approach a horse and rider from behind.

**Camping out.** Leave no trace of your campsite. If public toilets aren't available, carry a trowel and bury your own waste and urinate well away from open water, rivers and burns.



## In the woods

**Fire warning.** Never cut down or damage trees. Never light a fire in forests, woods, farmland, on peaty ground, near buildings or where damage can be easily caused.

**In the woods.** Keep away from log piles and machinery. Pay attention to signs and follow any advice from the forester or land manager.



## On the farm

**Farmyards.** Access rights do not usually apply to farmyards. However, if a right of way or core path goes through a farmyard, you can follow this at any time.

**Gates.** Use a gate or stile where one has been provided. Do not climb over walls or hedges unless there is no alternative. Leave gates as you find them – even if they are open. If you need to climb a gate, climb it at the hinge end.

**Fields of farm animals or growing crops.** Keep to unsown ground, field edges or paths. Do not take your dog into fields containing growing crops, calves, lambs, or other young animals. Never let your dog worry or attack farm animals.

**Safety around cattle.** Keep a safe distance from cattle. If they act aggressively, take the shortest safest route out of the field. If you have a dog with you, let go of its lead and let it find its own way to safety.



## Close to houses and in towns and villages

**Dog waste.** Pick up and dispose of dog waste carefully. Keep your dog under close control or on a lead.

**Golf courses.** If golfers are playing shots, wait for them to go by, then cross, avoiding tees and greens.



## On the hill

**Heading for the hills.** Most red stag stalking takes place between July and October, although this does vary. Follow all advice from the land manager or visit [outdooraccess-scotland.com](http://outdooraccess-scotland.com) for advice on where deer management, stalking and shooting may be taking place.

**Rock climbing.** Follow any advice about safeguarding a rare bird nesting site. This might ask you not to climb particular cliffs or sections of cliffs during the breeding season.

**Ground nesting birds.** Reduce the chance of your dog disturbing birds during the nesting season (usually from April to July) by keeping your dog on a short lead or under close control in areas such as moorland, loch and sea shores, woods and grasslands.



Take nothing but pictures

Leave nothing but footprints

Kill nothing but time



# Sources of weather...

## Mountain Weather Information Service (MWIS)

[www.mwis.org.uk](http://www.mwis.org.uk)

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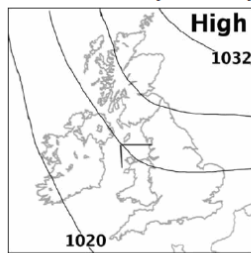
### West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



[Abacus Mountain Guides - World Class Mountain Adventures](http://www.AbacusMountainGuides.com)  
[Winter Walking, Mountaineering and Ice Climbing at www.AbacusMountainGuides.com](http://www.AbacusMountainGuides.com)

#### General Summary for Friday, 7 October, 2016



**British Mountain Summary:**  
**Based on forecast chart for noon 7 October, 2016**  
 High pressure will continue to dominate the weather. Cloud forming over the North Sea will shroud higher, mainly more eastern mountains, and here and there, mainly from the southern Pennines southwards will give a little light rain.

**Headline for West Highlands**  
 Wind slowly easing. Bright sunshine, mainly west. Risk showers.

#### Detailed Forecast for Friday, 7 October, 2016

How windy? (On the Munros)	Southeasterly, 25 to 35mph. Will progressively ease to reach 20-25mph by mid-afternoon.
Effect of wind on you?	Expect widespread buffeting where exposed on higher areas and through some lower cols. Also in places sudden gusts blowing downslope from major ridges. Significant wind chill.
How wet?	Rain very unlikely Isolated patches of light rain central highlands and Loch Lomond NP.
Cloud on the hills?	Very little western hills Central highlands and Loch Lomond NP: patches of cloud forming above 600m morning, but by midday, most cloud confined above 900-1050m. Elsewhere: patchy cloud above 800m for a few hours after dawn will lift to or above 1100m.



# What are the challenges of...



# Quiz...

The footpath your on seems to go through a farmer's field that has just been sown. Do you

- a) Walk round the edge of the field
- b) Keep on going - it's your right of way
- c) Phone your supervisor for advice
- d) Flatten the crops to make a clear path for others to follow

# Quiz...

You reach a gate that's open. When you leave you should...

- a) Close it – someone else must have left it open by mistake.
- b) Leave it open
- c) Phone your supervisor for advice



# Quiz...

You've run out of water. Do you...

- a) Stop at the nearest shop for supplies
- b) Fill up from a lake
- c) Fill up from a fast moving river
- d) Fill up from a slow moving river

# Quiz...

Having collected your water do you...

- a) Just drink it - Scotland has clean water
- b) Filter it through a sock
- c) Add a purification tablet
- d) Boil it

# Quiz...

Ricky badly cuts his arm on a barbed wire fence.  
Do you...

- a) Apply pressure and elevation to stop the bleeding.
- b) Get him to hold it in the nearest stream
- c) Give him some aspirin or paracetamol
- d) Phone mountain rescue



# Quiz...

Having drunk the un-purified water, Jake has developed diarrhea. He soils his pants. What do you do with them?

- a) Bury them in a hole
- b) Chuck them in the bushes
- c) Put them in your rucksac

# Quiz...

When you leave your campsite you notice some food-waste, presumably left by another group. What do you do?

- a) Leave it – it's not your mess
- b) Leave it for the animals to eat
- c) Pick it up and take it with you
- d) Throw it into the stream to get washed away

# Quiz...

You've dropped a few matches on the floor at the campsite. Do you

- a) Leave them – they're biodegradable
- b) Pick them all up
- c) Stamp them into the mud



# Quiz...

You arrive at the campsite soaking wet (it's still raining). You only have one dry set of clothes left. Do you...

- a) Change immediately to try and stay warm
- b) Keep the dry clothes for night-time
- c) Put on the dry clothes and try and dry the wet ones over the Trangia.