

# Choosing Activities



# Completing BRONZE or SILVER DofE...



You achieve a each Award by completing four sections:

■ **Volunteering**

■ **Physical**

■ **Skills**

■ **Expedition**



# Completing BRONZE or SILVER DofE...



**BRONZE**

**Volunteering 3 months**

**Physical 3 months**

**Skills 3 months**

**Expedition 2 days 1 night**

*PLUS a further 3 months in the Volunteering, Physical or Skills section.*



**SILVER**


**Volunteering 6 months**

**Physical** one section for 6 months, the other for 3 months

**Skills** other for 3 months

*Direct entrants must do a further 6 months in the Volunteering, Physical or Skills sections.*

**Expedition 3 days 2 nights**

Each section

**1 HOUR**

average per week

# Volunteering

- Helping out individuals or the community
- It can't be paid & it can't be for a business (eg hairdressers)



# Volunteering Ideas

Beavers / Brownies / Rainbows etc.  
Science Club  
Dance Leadership  
Sports Leadership  
Library Work  
Teaching Music  
Charity Shop  
Care Home  
Elderly Care  
Special Needs  
Youth Work  
Sunday School  
Animal Rescue Centre  
Conservation  
Litter Picking  
Zoo/farm/nature Reserve  
Events Management

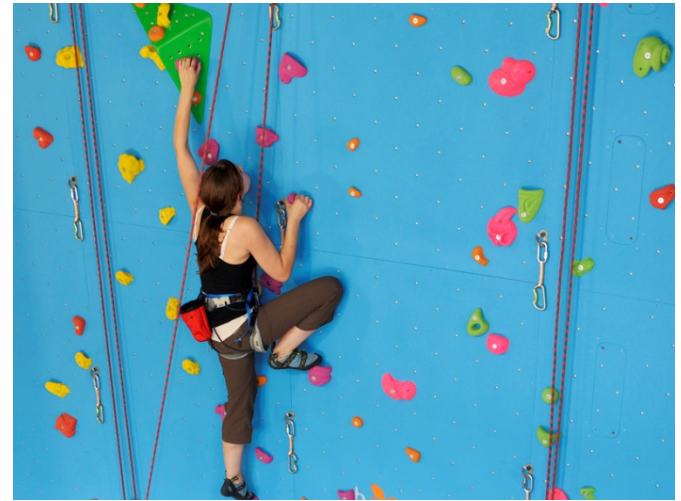


Check out  
[www.dofe.org/sections](http://www.dofe.org/sections)  
for many more ideas



# Physical

- improving in an area of sport, dance or fitness



# Physical Ideas

Football  
Hockey  
Gymnastics  
Dancing  
Rugby  
Basketball  
Horse Riding  
Archery  
Sailing  
Badminton  
Skiing  
Karate  
Cheerleading  
Fitness Classes  
Swimming  
Cycling  
Golf



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# Skills

- developing a skill (hobby)
- it can't be a physical activity (e.g. table tennis)





# Skill Ideas

Driving  
Musical instruments  
Drama / Theatre  
Web design  
Care of animals  
Vegetable growing  
Baking  
Cake decorating  
Fishing  
Chess  
DJing  
Massage / Hair and Beauty  
Sewing / Dressmaking  
Jewellery making  
Woodwork  
First aid  
Languages / Sign language



Check out  
[www.dofe.org/sections](http://www.dofe.org/sections)  
for many more ideas

# Activity Ideas – Visit [www.dofe.org](http://www.dofe.org)

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- On your own or with friends.
- Average 1 hour a week.
- Sections concurrently or consecutively
- At Silver your activity CAN be the same as Bronze but you need to show development.
- School lessons and paid employment don't count.

- You record your activities and progress on eDofE.org... (logins will arrive in a few weeks)





# When can I start?

Bronzes – Now

Silvers – When you finish Bronze  
- 15 years old (direct entrants)

 <a href="#">662141</a>	Emma	Hamilton	BRONZE 2013				Award completed on 21/08/2014	
 <a href="#">662142</a>	Anna	Harris	BRONZE 2013		 <a href="#">18/09/2013</a>	 <a href="#">10/09/2013</a>	 <a href="#">10/10/2013</a>	 <a href="#">View</a>

# STEP 1 – Submit your plan(s)

**uan Park's Bronze Award Volunteering section**

Section Details | Evidence

Volunteering status: Programme Planner approved

**Details**

<b>Timescale:</b>	3 Months
<b>Start date:</b>	28/09/2013
<b>Earliest completion date:</b>	28/12/2013
<b>Type of activity:</b>	Helping a charity or community organisation
<b>Detailed activity:</b>	Charity Shop
<b>Where are you going to do it?</b>	Shelter
<b>What are your goals? What do you want to achieve?</b>	To get a better idea of what it's like to work in a shop. Better knowledge of how a charity works Things to do that can help in a shop
<b>Who is going to support &amp; assess you?</b>	Pete
<b>What is your Assessor's position?</b>	Shop Owner/ Manager
<b>Assessor's email:</b>	
<b>Assessor's telephone no:</b>	
<b>Status:</b>	Programme Planner approved

Put in as much details as you can.

Talk to your 'assessor' at the START

# STEP 2 – Do Activity and upload evidence

The screenshot shows a software interface with two tabs: 'Section Details' and 'Evidence'. The 'Evidence' tab is selected and circled in red. Below the tabs, the word 'Evidence' is displayed on the left, and 'Select all: [checkbox] [?]' is on the right. The main area contains a grid of 12 evidence items, each consisting of a photo, a label, a green checkmark, and a selection checkbox. The items are:

- lemon fork biscuits
- flapjacks
- jammy buns
- carrot cakes
- gingerbread handbags
- gingerbread shoes
- vanilla biscuits
- can't go wrong cake
- lam shapes
- ricotta cakes
- cinnamon buns
- parkin biscuits

At the bottom of the interface are five buttons: 'Query', 'Delete', 'Unapprove', 'Mark as Assessor's Report', and 'Approve'.

At least 5 bits  
of evidence!

Pictures, video,  
diary entries,  
text files, score  
cards,  
certificates etc



# STEP 3 – Assessors Report

In book

or

online @  
dofe.org/assessor/

**Volunteering** Name: \_\_\_\_\_

Category: \_\_\_\_\_

Activity: **CHARITY SHOP ASSISTANT**

Date started: **22/11/13** Completed: **31/1/14**

Assessor: **COLIN GRAHAM**

Position/qualification: **ASSISTANT MANAGER**

Goals set: **TO IMPROVE MY SKILLS IN WORKING WITH OTHERS AS WELL AS MEMBERS OF THE PUBLIC.**

Your comments: \_\_\_\_\_

Assessor's comments: **Rachal has been a very helpful and reliable volunteer. She has shown initiative and a willingness to work hard in completing all that was asked of her. Rachal has grown in confidence in her time here and we would welcome her back for further volunteering.**

Signature: \_\_\_\_\_ Date: **31/1/14**

Name: **COLIN GRAHAM** Position: **ASSISTANT MANAGER**

Leader's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please scanner photograph this page and upload to eDofE as evidence.

The above information is stored in eDofE. Remember to upload plenty of good quality evidence for your Achievement Pack!

http://dofe.org/assessor/

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THE DUKE OF EDINBURGH'S AWARD

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You are here: Home > Assessor Report

### Assessor Report

As an Assessor you can add your report directly into the participant's online eDofE account from here. All you need is the participant's eDofE ID number, their Award level (Bronze, Silver or Gold) and the section you are assessing them for (Volunteering, Physical, Skill, Expedition or Residential). Please ask the young person you have been supporting for these details.

Your comments automatically go to the participant's DofE Leader for approval before being added to the participant's account. We ask for your email address and phone number to enable their DofE Leader to contact you should they wish to discuss your assessment with you.

Please remember to keep your comments positive and encouraging. Thank you for supporting young people with their activities.

All fields marked \* are mandatory.

Participant's ID number:

Participant's name:

Level:

**NOTE: If you have a problem with the CAPTCHA code, please use a different device/network/browser and this should solve the issue.**

**What to include in your report**

- ▶ Please describe the achievements of the participant as they undertook the section. Say how they met their goals, what skills they have developed and mention any memorable things that they accomplished.
- ▶ Please include the start and end dates that the young person undertook their activity.
- ▶ **Expedition Assessors:** Please include your assessor accreditation number and (if applicable) the team's expedition notification number in your report.
- ▶ Please remember to keep your comments personal, positive and encouraging.

14:14 03/09/2014

# Assessors

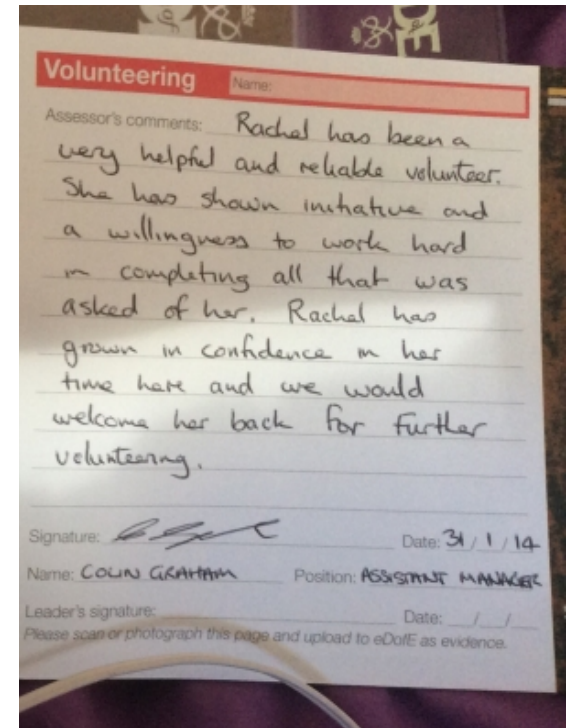
An Assessor checks on your progress and agrees the completion of a section of your programme.

They will produce an Assessor's report for that section.

An Assessor can be anyone who is interested in helping you to achieve, has some knowledge of the activity you are doing and can be available over the time you're doing it.

From the local football club coach to a charity shop manager, from the neighbour who's a web designer to your home economics teacher, just about anyone can be an Assessor.

**However, they MUST be independent.  
Therefore, they CANNOT be a member of  
your family.**



**Volunteering** Name: \_\_\_\_\_

Assessor's comments: Rachel has been a very helpful and reliable volunteer. She has shown initiative and a willingness to work hard in completing all that was asked of her. Rachel has grown in confidence in her time here and we would welcome her back for further volunteering.

Signature: *Coun Gratham* Date: 31 / 1 / 14

Name: COUN GRATHAM Position: ASSISTANT MANAGER

Leader's signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Please scan or photograph this page and upload to eDofE as evidence.

Get choosing...

If you're stuck click here  
for even more ideas!